Supporting individuals with complex mental health needs
Pathways offers people an opportunity to engage in a thorough programme of mental health and daily living rehabilitation.

Pathways Northwest is an exclusively designed specialist resource offering a recovery programme to people with complex mental health needs.

The scheme endeavors meet the requirements of service users with challenging and multifaceted mental health and behavioral problems. Pathways offers people an opportunity to engage in a thorough programme of mental health and daily living rehabilitation, using the recovery model and wellness recovery action planning, coupled with independent living experiences.

Pathways Northwest will do this in a manner which is responsive to the individual needs of service users taking account of ethnicity, culture and gender. Pathways Northwest is committed to developing its staff team so that they have the knowledge and skills to be able to deliver high quality care and enhance their role.

Our aims can be summarised via our mission statement: Pathways Northwest will work with our partners to provide the best mental health care to service users with complex and challenging needs, within a specialised environment. We will provide intensive mental health rehabilitation and facilitate access to a full range of services within the community.
Our Philosophy

The philosophy of Pathways Northwest is to provide a safe, happy, empowering and healthy environment for service users within a warm homely setting. We work closely with our partners to provide outstanding mental health care to service users with complex and challenging needs.

We provide intensive one to one care, and, if required, two to one support. Programmes are delivered in highly structured and consistent environments. We focus our work towards addressing the complex presenting issues and needs that have led to the referral, while ensuring that the broader development needs of our service users are also fully realised.

As we see each service user as an individual, we personalise our approach accordingly - formulating and implementing a focused care plan reflecting each users’ social, physical and spiritual needs. Our services also take place within a specialised environment, tailored to service users’ needs, where we can provide intensive mental health rehabilitation and facilitate access to a full range of services within the community.
Mental health Services

Pathways Northwest is a modern, innovative service, which engages service users in a forward thinking and creative manner.

As a care service, we don’t work to a strict set of admission criteria we’re about people, not problems. So when a new service user comes to us, we see it as our job to be flexible and adapt to their needs. We are able to support young adults aged 18 to 65 and specialise in working with those who have complex, multifaceted needs.

Our services are based on the recovery model for mental health. The concept of recovery is about people staying in control of their life, despite their mental health issues. We assist individuals to gain or relearn skins that will help them to achieve higher levels of independence and reintegrate them safely back into the community.

Community Support

Pathways Northwest cares about the community. We ensure individuals can exercise choice and have control over the way their service is provided.

Within the Pathways community, residents and staff actively find ways to engage and to personalise the packages offered - inspiring and supporting all our service users.

Our management team ensures all staff members live and breathe a culture that actively promotes these personalised services. We offer maximum choice and control for people living within our three units, creating a positive and inspiring environment. All residents have access to all the information and advice required so they can make informed decisions about their care package.
Support, recovery and rehabilitation are all key to our service model. We not only provide support for service users now, in the present, we also help them plan for their future and maximise their independence.

Pathways Northwest offers in-depth support, recovery and rehabilitation. We are committed to helping individuals plan for the future and maximise their independence, helping them to build a life that is satisfying, fulfilling and enjoyable - even if they do continue to experience the symptoms of an illness.

Our idea of recovery is that each individual should be able to feel in control of – and take decisions about – their own lives, rather than simply doing what a mental health professional tells them. That’s why we encourage service user involvement and engagement, right from the start.

All our services are based on the recovery model for mental health, which is met using the Recovery Star Model.

The Recovery Star Model demonstrates our core values - to work for a society in which all people with mental health concerns have the right to take control of their lives.
The Recovery Star Model is central to all our core values. It helps to ensure service user development and independence, empowering each individual to move forward and take control of their own life.

The Recovery Star model, used here at Pathways Northwest, enables individuals to develop an understanding of where they are situated in terms of progress. It also helps them to move towards living more independently and empowers them to identify strategies that will help them to move toward.

The Recovery Star identifies and measures ten core areas of life:

- Managing mental health
- Self-care
- Living skills
- Social networks work
- Relationships
- Addictive behaviour
- Responsibilities
- Identity and self-esteem
- Trust and hope

Recovery Star tracks individual development and ensures the support we provide is constantly improving. It helps service users become optimistic about what they can achieve while motivating our dedicated staff members even further. By continually providing proof that our services work to commissioners and referring agents, we can continue to improve our services.

The Mental Health Recovery Star makes it possible to provide evidence, while enabling users, and workers, to focus on the important issues – providing a platform for development.
All facilities, resources, activities and services are service user led; their involvement is at the forefront of our service model. Developing care plans to match their needs is what matters most.
Our Care Homes

Accrington Care Home

136 Whalley Road, Accrington.
Lancashire,
BB5 1BS.
Tel: 01254 236411

Situated on Whalley Road, our spacious nine-bedroomed property offers considerable communal living space and a lovely, homely atmosphere – perfect for our service users. There is also plenty of outdoor space, ideal for activities that all residents can enjoy. Whalley Road accommodates both male and female service users aged 18 to 65.

Oswaldtwistle Care Home

12 Oswald Street, Oswaldtwistle.
Lancashire,
BB5 3JF
Tel: 01254 231 275

Just a short walk from the pleasant town of Oswaldtwistle you’ll find our Care Home, designed especially to nurture and support vulnerable women. The house benefits from being close to local amenities while being in a pleasant residential area. With its fabulous forecourt garden, perfect for outside projects and summer BBQ’s, and nine bedrooms, each with an en-suite bathroom, the home fully complements our happy, dynamic and caring environment.

Great Harwood Care Home

175 Blackburn Road, Great Harwood.
Lancashire,
BB6 7LU.
Tel: 01254 829 216

Located on the outskirts of Great Harwood, you’ll find our warm, family-style Care Home. The property is ideally suited for access to Accrington and Blackburn Town Centres and is just a short walk from the quiet market town of Great Harwood. The Care Home can house any seven service users, both male and female people, at any time.
At Pathways Northwest, all of our registered managers are qualified nurses or occupational therapists, so your queries are in capable hands.

If you would like to know more about Pathways Northwest, why not arrange a visit? Our friendly staff are always happy to help.

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To Make A Referral Call
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